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From Naval Services FamilyLine Office
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Handbook Now Available:
Guidelines for Navy Family Emergency Preparedness

WASHINGTON - Naval service family members may now obtain a handbook to prepare for a variety of natural or man-made disasters. This handbook, entitled **Are You Ready? Guidelines for Navy Family Emergency Preparedness**, is being published and distributed by Naval Services FamilyLine.

Today's ever-changing world presents an increased need for emergency preparedness. Navy, Marine Corps and Coast Guard families must also be prepared – with or without their service member.

This handbook was compiled to offer family members an enhanced, printed version of the Operation Prepare program material that was initiated last April by Commander, Navy Installations Command. Vital information is included to ensure families are prepared as their own "first responders". The key elements of this "self-preparedness" include creating a Family Emergency Plan, completing Emergency Contact Cards and compiling an Emergency Supplies Kit.

Are You Ready? Guidelines for Navy Family Emergency Preparedness also includes critical information on actions to take immediately following a disaster. Resource charts with websites and telephone numbers offer guidance to family members during the difficult aftermath of a disaster.

To order a copy of this publication for your family or family members within your command, three options exist:

- 1.) Visit the Naval Services FamilyLine website at www.lifelines.navy.mil/FamilyLine
- 2.) Email the FamilyLine office at nsfamline@aol.com , or
- 3.) Call the FamilyLine office on Monday through Friday between 10:00a.m. and 1:00p.m. EST.
Telephone: 202-433-2333; Toll free number 1-877-673-7773; DSN 288-2333

Naval Services FamilyLine is a volunteer, non-profit organization of Naval service spouses who are dedicated to providing educational material and other resources to families of our active duty men and women. Each year, FamilyLine edits, publishes and ships their Guideline Series of publications to families, commands, ombudsmen and FFSC's around the world.

For additional information, please contact Josi Hunt, Naval Services FamilyLine Chairman at the number and times listed above.



Naval Services FAMILYLINE

Guideline Series:



Sea Legs

Get started on the right foot- a must have handbook for spouses new to military life. Sea Legs contains useful information on matters such as family support services, rights, privileges and benefits, moving, health and medical care, social customs and courtesies, and deployments. The Navy's history, its mission and structure, a naval terms glossary, and a very useful list of resource addresses are

Social Customs and Traditions of the Sea Services

Piping Aboard, Parade Review, Colors and Taps, Saluting, Change of Command - Most traditions observed by the sea services today originated in early history. This concise booklet acquaints spouses with the social customs, traditions, and organizations that are part of the sea service communities. Knowing the history helps enjoy the traditions.

Guidelines for Spouses of Individual Augmentees (IAs)

Sailors and their families must always be ready for deployment. Deploying as an Individual Augmentee (IA) may pose unique challenges for you and your family. This handbook provides basic information to help you navigate the IA experience. (Fact: In 2007, 8723 sailors, officers and enlisted, served on IA orders.)

Guidelines for Navy Reserve Families

Navy Reserve family readiness is one of the keys to successful mobilization. Planning, communication and knowing your resources are key to getting your affairs in order. This publication provides an explanation of entitlements, allowances, benefits and explains the mobilization process. A variety of resources are included to ensure all your important documents are in order.

Are You Ready? Guidelines for Navy Family Emergency Preparedness

Today's ever-changing world presents an increased need for emergency preparedness. Navy, Marine Corps and Coast Guard families must also be prepared – with or without their service member. This handbook provides vital information to ensure families are prepared as their own “first responders” and includes information on creating a Family Emergency Plan, completing Emergency

Guidelines for Spouses of Commanding Officers & Executive Officers

Exciting, busy times ahead! Not sure what the expectations are in your spouse's new position? Need a hand getting organized? This booklet is a valuable aid in defining the spouse's role as part of the Command Support Team. Written by Navy spouses who have experienced the command tour and can offer practical insights. Included is information specific to each of the sea services, including deployments, support resources and emergency guidelines.

Guidelines for the Spouses of Command Master Chiefs (CMC) & Chiefs of the Boat (COB)

Recently revised by senior enlisted spouses who have experienced the CMC/COB tour! To accompany the Command Master Chief Spouse Leadership Course, this guide is a valuable resource for the CMC Spouse. It helps define the important role of the CMC Spouse and includes information specific to each of the sea services, such as deployments, support resources and emergency guidelines.

Guidelines for Spouses of Chief Petty Officers

Congratulations! Your Sailor has just been selected for advancement to Chief Petty Officer! The spouses of a Senior Enlisted Panel have put together this booklet of information - full of references and practical answers to your questions.

Guidelines for Launching Clubs and Family Readiness Groups

Most military spouses feel that being a part of Command-sponsored organizations are among the most valued opportunities of their military lives. These organizations provide fun, friendship, and support. This booklet was created to help new groups get started and is filled with helpful information, guidelines, and new ideas to revitalize existing organizations. It includes suggestions for organization and structure, along with ideas for programs, and activities.